

HOW TO GET TO LEVEL 5



PRO KIDS



EDUCATION | CHARACTER DEVELOPMENT | LEADERSHIP

LEVEL 5 PERKS

- ELIGIBLE FOR ERNIE WRIGHT CUP TEAM TRYOUT!
- ELIGIBLE FOR MONTEREY TRIP APPLICATION!
- ELIGIBLE FOR PGA JR LEAGUE TRYOUT!
- ELIGIBLE TO TAKE A LEVEL I MEMBER ON THE COURSE!
- ELIGIBLE TO ENTER A PRO KIDS TRACKS!
(ENGINEERING, COMPETITIVE, BUSINESS ETC...)
- ELIGIBLE TO PLAY IN HOME AND HOMES

COMPLETE all 6 steps of your
yardage book to **LEVEL UP!**



Step I: COMPLETE YOUR PRE-REQUISITES

I. Participation Prerequisites

- 9 Level 4 Golf Classes (Elementary)
- 6 Level 4 Golf Classes (Middle)
- 3 Level 4 Golf Classes (High School)
- Play 6 holes with a Level 2 member
- Complete Life Skills Card
- Attend SAT Prep Test or Workshop (8TH grade and up)
- Community Service/Volunteer or College Visit

LEVEL 4 LIFE SKILLS CARD



Using STAR

Stop before you hit a shot
Think about what shot to hit
Anticipate the result of the shot
Respond with commitment



SMART goals

Set goals that are:
Specific, Measurable,
Attainable, Realistic
and *Time-oriented*



Having a Go-To-Team

Identify mentors that you want to learn from
Set consistent check-in dates
Ask questions (there are no stupid questions)



Appreciating Diversity

Learn from people that are different than you
Play different types of golf courses
Hit different types of shots
Step outside of your comfort zone

Step 2: SHOW YOUR COMPLETED LIFE SKILLS CARD
TO A COACH AND YOU WILL GET AN INVITATION TO
BOX 3!

2. Special Invitation

Invited to move forward with certification process by coach: _____.
Date: ____/____/____.

Step 3: ASK THE FRONT DESK FOR A WRITTEN TEST EXAM
FOR LEVEL 2 (MISS LESS THAN 3 QUESTIONS AND YOU PASS!!
ONE TRY PER WEEK)

3. Written Exam

(Level 1 Concepts and Golf Etiquette)

Pass exam with 80% or higher

Date: ____/____/____.

Step 4: ASK ANY PRO KIDS STAFF MEMBER TO GIVE YOU A LIFE SKILLS INTERVIEW! ABOUT THE 4 DIFFERENT CONCEPTS BELOW! BE PREPARED TO GIVE GOOD EXAMPLES!

4. Life-Skills Interview

(Knowledge and Understanding of Level 4 Concepts)

Define and illustrate the concepts below and score a minimum of 15 points. Interviewer will grade student's response on a scale of 1-5, 5 being a perfect answer.

Using STAR off the Golf Course – Score: _____

Sharing SMART Goals – Score: _____

Identifying Go-To-Team– Score: _____

Appreciating Diversity – Score: _____

Total score: _____

Interviewed by: _____.

Date: ____ / ____ / ____.

Step 5: COMPLETE THESE 4 GOLF SKILLS DURING A GOLF CLASS (MUST BE COMPLETED ON THE SAME DAY)

5. Golf Skills Performance

Putting

6-hole putting course in maximum of 12 strokes

- 2 holes @ 6' (2 paces from the hole)
- 2 holes @ 15' (5 paces from the hole)
- 2 holes @ 24' (8 paces from the hole)

Score _____

Chipping & Pitching

6-hole up and down course in maximum of 18 strokes

- 2 holes @ 4yds from front edge of green
- 2 holes @ 10yds from front edge of green
- 2 holes @ 20yds from front edge of green

Score _____

Greens in Regulation

Hit 4 of 8 shots onto the green from 100yds

Fairways Hit

Hit 4 of 8 shots in the fairway from 150yds (simulator)

Step 6: PLAYING ABILITY TEST

COMPLETE THE FOLLOWING ROUNDS WITH 2 WITNESSES
(ONE BEING AN ADULT OR LEVEL 5 MEMBER) AND TURN
IN YOUR SIGNED SCORECARDS WITH YOUR YARDAGE
BOOK!

6. Playing Ability Test (PAT)

(All boxes checked on yardage book)

(3) 18-hole rounds of golf @ PK in 72 strokes or less

Witnessed by: _____ / _____ / _____

Date: ____ / ____ / ____ Date: ____ / ____ / ____ Date: ____ / ____ / ____

(3) 18-hole rounds @ 4500-6000yds course in 108 strokes or less

OR (6) 9-hole rounds @ 2250-3000yds course in 54 strokes or less

Witnessed by: _____ / _____ / _____

Date: ____ / ____ / ____ Date: ____ / ____ / ____ Date: ____ / ____ / ____

FINISHED!

BRING YOUR YARDAGE BOOK AND 4 SIGNED
PAT SCORECARDS TO THE FRONT DESK TO
RECEIVE YOUR LEVEL 5 CARD!!



How long should I be in Level 4 for? That depends...

Levels	Age	Elementary School	Middle School	High School	Participation per week
1	7-8 years old	6-12 months	3-6 months	3 months	1-2 days
2	9-10 years old	6-12 months	3-6 months	3 months	1-2 days
3	11-12 years old	6-12 months	6-12 months	3-6 months	2-3 days
4	13-14 years old	12-up months	6-12 months	3-6 months	2-3 days
5	14-17 years old	12-up months	12-up months	6-12 months	3-up days
6	15-17 years old	12-up months	12-up months	6-12 months	3-up days
7	16-17 years old	12-up months	12-up months	6-12 months	3-up days

FEELING STUCK?

ACADEMY PROGRAM – CHECK IN WITH YOUR COACH EVERY MONTH!!!!

- ELEMENTARY-COACH KEVIN
- MIDDLE SCHOOL-COACH BJ
- HIGH SCHOOL-COACH BJ/KEVIN/DON

GOLF & LIFE SKILLS

- TAKE ADVANTAGE OF OPEN PLAY
- PURPOSEFUL PRACTICE!
- EXTRA GOLF CLASSES
- GOLF CLUBS/TEAMS
- SCGA YOUTH ON COURSE!
- COACH FRED'S SATURDAY CLINICS!
- END OF THE MONTH TOURNAMENTS!
- LESSONS!!

A COACH CAN HELP YOU WITH

- YOUR SWING
- YOUR MENTAL GAME/MOTIVATIONS
- CUSTOM PRACTICE SCHEDULES
- YOUR EQUIPMENT
- SUPPORT